



# Beaumont Hills Public School

The Parkway, Beaumont Hills NSW 2155

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11 October 2022

## K – 6 LIFE EDUCATION PROGRAM

Dear Parent/Caregivers,

The Life Education van will be coming to Beaumont Hills Public School. Life Education is an organisation that empowers children and young people to make safer and healthier choices through education. Each class will attend one session in the Life Education van.

**Dates:** Between Friday 4 November and Wednesday 16 November 2022

**Cost:** **\$12.00 included and payable on the Term 4 account**

Below is a brief outline of the range of programs that will be experienced by students:

<b>Kindergarten</b>	<i>My Body Matters</i> Healthy Food choices, importance of physical activity and safety.
<b>Years 1 and 2</b>	<i>Ready, Steady, Go</i> Benefits of physical activity Safety strategies in different environments
<b>Years 3 and 4</b>	<i>All systems go</i> The function of vital organs and body systems Recognising how food choices impact health and energy levels
<b>Years 5 and 6</b>	<i>Relate, Respect, Connect</i> Concepts such as respect, empathy, and consent Reacting to, and reporting unsafe online behaviour

Please grant permission via the Sentral Parent Portal **by Wednesday 2 November 2022**. Please note we are unable to accept permission after this date due to the coordination required for this event.

If your child will not be participating, please select 'not attending' via the Sentral Parent Portal.

Payment of **\$12.00** is due to the **School Administration Office no later than Wednesday 2 November 2022**. Payment can be made via the 'POP, Parent Online Payment portal' (link on the school website), cash or cheque at the School Administration Office. NO credit card facilities are available.

Mrs Cramer  
**Organising Teacher**

Ms Welsh  
**Principal**